

Variable	Mean	SD	Median	Mode	Range	Skewness	Kurtosis	Shapiro-Wilk	Normality
Age	35.5	10.5	33.0	30.0	20.0-55.0	0.15	2.50	0.98	Normal
Gender	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Marital Status	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Education	12.5	2.5	12.0	12.0	10.0-15.0	0.10	2.00	0.98	Normal
Occupation	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Income	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Health Status	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Stress Level	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Life Satisfaction	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Resilience	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Optimism	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Emotional Stability	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Self-Esteem	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Life Satisfaction	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Resilience	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Optimism	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Emotional Stability	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Self-Esteem	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Life Satisfaction	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Resilience	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Optimism	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Emotional Stability	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Self-Esteem	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Life Satisfaction	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Resilience	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Optimism	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Emotional Stability	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Self-Esteem	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Life Satisfaction	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Resilience	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Optimism	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Emotional Stability	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Self-Esteem	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Life Satisfaction	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Resilience	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Optimism	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Emotional Stability	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Self-Esteem	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Life Satisfaction	1.5	0.5	1.0	1.0	1.0-2.0	0.00	3.00	0.99	Normal
Resilience	1.5</								

5

10